

# February 2013



**The Promise** works to improve the lives of disabled children in Russia. We do this by promoting a system of support (Portage) for disabled children in partnership with families and carers and by encouraging a more positive attitude to disability. The charity was founded in 2003 in memory of Ellie Settelen. **For further details of the work, please visit our website: [www.thepromise.org.uk](http://www.thepromise.org.uk)**

## Ryazan Community Team A Big Thank You



The Community team, families and children would like to **thank everyone** who supported their work by giving to TheBigGive 2012 and raising the wonderful total of **£7,218**.

Spirits were high at this year's **Community Christmas Party** organised by the volunteer Portage workers. A number of families were able to attend the party and enjoy a puppet show put on by the team. Father Christmas gave gifts to all the children and everyone enjoyed party games and food together. Many of the families we work with find it very difficult to leave their homes with their children due to the continued stigma of having a disabled child. But with the offer of a safe, fun and supportive environment to go to they had a well-deserved afternoon out and also met other families. **Well done** Natasha and the Community Portage workers!

## The Promise 10<sup>th</sup> Birthday Party

**Wednesday 26<sup>th</sup> June, Pembroke Lodge, Richmond Park**

Come and help us celebrate 10 fantastic years of success working with disabled children in Russia! Enjoy a Russian themed evening including vodka, dinner, prizes and live entertainment.

Please email [jo.pritchard@thepromise.org.uk](mailto:jo.pritchard@thepromise.org.uk) for further information, to order your tickets or with any offers of **prizes** for the auction or raffle!

## Plans for 2013

We are planning to focus our efforts on expanding our work with disabled children living at home with their families in the **community**. This is a very important part of our work as we have seen that the support of our Portage workers helps families **keep their children at home** and not place them in institutional care. As well as our existing community team in Ryazan we are hoping to start a new community Portage service based in a centre for children with disabilities near **St Petersburg**. Your fundraising and support has enabled us to train 4 workers from the centre already and once we have raised sufficient funds we will be able to help them set up and start delivering the service.



### London Marathon

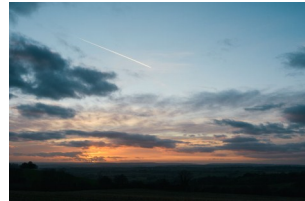
For the first time this year ThePromise has someone running the London Marathon. A huge thank you to **Nic Mault** and good luck with the training! Please support Nic and ThePromise by sponsoring her at <https://www.justgiving.com/NicMault>



### ThePromise Sponsored

#### Night Walk 2013

Back by popular demand we will be organising our 3<sup>rd</sup> annual night walk in **September**. Date and route to be confirmed so please keep an eye on our website for details nearer the time.



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.org.uk

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Your support is greatly appreciated and we would like to contact you from time to time with news of what's happening at ThePromise. If you would prefer us **not to contact you**, then please **write to us or email** [jo.pritchard@thepromise.org.uk](mailto:jo.pritchard@thepromise.org.uk) and you will be removed from our mailing list. Please be assured that we do not pass on any of our supporters details to third parties.